

WILLIAM WOODS UNIVERSITY HOSTS
THE *ALMOST CHRISTMAS RIDING CLINIC*

With
GAYLE LAMPE
December 8th-13th, 2019

You should arrive Sunday afternoon December 8th in time to ride at 5:00pm. We will get in one ride on Sunday. The clinic will end with two rides on Friday, December 13th. Hopefully, you can stay and eat an early lunch in Fulton, but if you need to hurry home that is ok. William Woods is hosting the World Cup tryouts all day Saturday December 7th. If you are interested in coming early to watch it I would love to have you here. If so you should make motel reservations NOW!!! Sunday will be a day of rest for most horses, but I am sure we could find a movie to go see or something fun to do before 5:00.

Your clinic fee will entitle you to 13 rides. Any rides over that will cost \$50 apiece. You will probably ride three times on Monday and Wednesday and two times Tuesday and Thursday. We will visit a training barn, get lessons at another barn, or have a lecture in the classroom in the afternoons.

Possible field trips include visiting Bob Brison, Callaway Hills, Mike Roberts, Virgil Helm, Jimmy Simmons, High Spirits Farm, and others. We can also go to the Saddle Horse Museum in Mexico. All of the above are within a 25-minute drive of Fulton. In addition, if the weather permits we might take some walks so bring tennis shoes!

Please read Gayle Lampe's Riding for Success both in and out of the Show Ring (revised edition) before coming to Missouri. There will be other reading and viewing assignments during your stay.

We have an indoor arena 120'x 300' with lights, a P.A. system, and heat so you will ride rain or shine! Students will tack up and cool out horses for you, but you might have to occasionally hold or walk a horse for a few minutes. My riders traditionally tip the grooms \$10.00 for each horse that they tack up and cool out. The grooms only receive minimum wage and they really appreciate a little extra spending money before Christmas. The clinic fee is \$850 for the whole time. This does not include your meals or housing. However, you can eat "good but cheap" in Fulton.

We have nice motel accommodations. I recommend the Baymont Inn and Suites. Their rooms are \$105 including tax for a standard room if you request the William Woods University rate or college rate. The cost is higher if you want an executive Jacuzzi suite. The phone number for the Baymont Inn and Suites is (573) 642-2600. Everyone who has stayed there says it is very nice. Another possibility is the Country Hearth in Fulton. The phone # is (573) 642-0077. If you say, you are here for William Woods University business the rate for a single is \$61.00 including tax. It is \$5.00 more for an

additional person. Both of these motels are very close to the barn, the Baymont is less than a mile away and the Country Hearth a little over a mile away. (The alumnae house on campus might be available – let me know if you are interested. It cost \$50 per room per night. It has a full kitchen and a TV). There also is the Loganberry Inn, a bed and breakfast that is a little over a mile away. If you tell them, you are with William Woods and you stay three or more night the rate is \$89.00. You can reach them (573) 642-9229 or toll free at 1-888-866-6661. You can also visit them at www.loganberryinn.com or e-mail at www.info@loganberryinn.com. *Please note that the rates I have mentioned are subject to increases. I may not have the most updated information.*

A new Holiday Inn Express that just opened in May 2018 in Kingdom City that is 7 miles from the barn. Their # is 573-310-6020. I am trying to get William Woods to obtain a special rate there for \$129.00.

A non-refundable \$340 deposit to cover two days of the clinic is due by November 4th. This will give me time to know how many student workers to hire; however, I will accept a deposit after that if a space is available. If you are unable to attend the clinic after sending your deposit, I will ONLY return it to you if there is someone on the waiting list who would like to take your place at the last minute. A maximum of 8 riders will be accepted at one time. Your reservation for the clinic will be guaranteed in the same order as your deposit is received. You should plan to stay the whole time to gain the maximum benefit from this clinic.

You should make your plane reservations to St. Louis, MO. There you can rent a car and Fulton is an easy one and a half hour drive from the airport. You take Interstate 70 west to the Fulton exit where you will go south. You could also take the MO express Limo (phone: 1-877-669-4826) from the airport to McDonalds Restaurant in Kingdom City, which is 7 miles from Fulton. I can meet you there. Another possibility is to fly to Columbia, MO, (phone: 573-847-7508) which is a 45 minute drive from Fulton.

The weather in Missouri can be very unpredictable in December, so please keep this in mind when packing. It could be below zero or 60 degrees. It will probably be in the mid 30's. The heated arena will not be below 40 degrees where you will be riding.

You should plan to wear jods, boots, and a tucked in shirt/blouse. Please no tank tops! A polo type shirt or turtleneck would be perfect. Of course, sweaters, sweatshirts, or jackets are fine during the cold weather, but ones that are not too loose fitting are preferred. Please wear gloves no matter what the weather is like. You do not need to bring your own saddle or whip, but you are welcome to do so if you wish.

I am expecting a full enrollment for this Winter Clinic, and I am sending out information to a lot more people than I have room for, so if you are sure you want to come please send your deposit now. Your clinic fee entitles you to 13 rides, but if there are extra horses, you might be able to buy additional rides for \$50.00 each. I am requesting that if you are unable to stay for the full six days of riding you come for either the first half or the second half, so someone else can take your place when you are not here. However, I will try to work with you if you must come during the middle of the clinic. Please understand I will give preference to those who want to attend for all six

days, or to those who can find someone who wants to come the days they aren't here, so I have eight people for all six days. Thank you for your cooperation with this matter. Also, I will also try to give preference to the riders who signed up for my clinic last year, so please note that on your registration form so I will be sure to remember!

We will all go to dinner together after the 5:00 ride.

HOPE TO SEE YOU IN MISSOURI IN DECEMBER!

Sincerely,
Gayle Lampe

William Woods University Sponsored
Gayle Lampe Clinic

_____ Yes, I would like to attend the clinic from Dec _____ to _____.

_____ Yes, I have enclosed my \$340 deposit (the first 8 people to send their deposit will be in the clinic – anyone after that will be put on a waiting list. The deposit will be returned if a spot is unavailable). Make the check out to “William Woods University” – for the Saddle Seat Clinic. PLEASE SNAIL MAIL OR OVERNIGHT THIS FORM SIGNED IN BOTH PLACES TOGETHER WITH YOUR CHECK SO I GET EVERYTHING AT ONE TIME.

_____ I am bringing my own saddle. (We have saddles, so you do not have to, but it is helpful if we know in advance if you choose to bring yours.)

----- Yes, I would like extra rides at \$50.00 each if there are available horses.

HOUSING

_____ Motel or B&B (you are responsible for making your own reservations.)

_____ Room in the Alumnae House (I will make reservations for you if it is available).

Please sign below:

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: Home _____ Work _____

Cell _____

EMAIL: _____

Send to: Gayle Lampe
William Woods University
One University Avenue
Fulton, MO 65251

Phone: Home (573) 642-5169 Please leave a message
Barn/Office (573) 592-4395 Please leave a message
Cell: 573-590-1221 (it is best to try me on the other two phones first!)
E-mail: glampe@williamwoods.edu or
Gayle.Lampe@williamwoods.edu
Fax: (573) 592-1196

Please scroll down to see the release form!!! You must sign it before the school will let me put you on a horse.

Please mail it back to me so I do not have to worry about getting you to sign it when you are here.

WILLIAM WOODS UNIVERSITY
RELEASE AND HOLD HARMLESS AGREEMENT

WARNING: Under Missouri Law, an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to the Revised Statutes of Missouri. In addition, this Agreement contains a Waiver and Release of ANY and ALL CLAIMS related to EQUESTRIAN PARTICIPANT'S participation in equine activities, including, BUT NOT LIMITED TO, CLAIMS THAT MAY ARISE DUE TO THE INHERENT RISKS OF EQUINE ACTIVITIES AND CLAIMS THAT MAY ARISE FOR ANY OTHER REASON, INCLUDING NEGLIGENT ACTS OF WILLIAM WOODS UNIVERSITY.

The undersigned acknowledges there are inherent risks associated with equine activities, including, but not limited to those described below and hereby expressly assumes all risks associated with participating in such activities. Inherent risks include, but are not limited to: the propensity of equines to behave in ways such as running, bucking, biting, kicking, shying, stumbling, rearing, bolting, falling or stepping on, and other such unpredictability, that may result in an injury, harm or death to persons on or around them; the unpredictability of equine's reaction to such things as sounds, sudden movement and unfamiliar objects, persons or other animals; certain hazards such as surface and subsurface conditions; collisions with other animals or objects; the limited availability of emergency medical care; and my own potential to act in a negligent manner that may contribute to injury to me or others, such as failing to maintain control over the animal or not acting within my own ability.

I further acknowledge that the behavior of any animal is contingent to some extent upon my ability, and I assume all risk associated with my personal abilities or limitations thereto. I warrant that a full and fair disclosure of my equestrian abilities shall be, or has been, made to William Woods University.

I expressly acknowledge that I understand that while participating in equine activities and events at William Woods University, I may be exposed to additional risks, including, but not limited to, faulty equipment, negligent acts by agents of William Woods University, or other risks that are not inherent to equine activities. This waiver does not pertain to incidents involving gross negligence or willful misconduct by the William Woods University and/or its agents.

I, the undersigned, expressly agree that I will abide by and follow William Woods University rules and regulations, which shall be posted and/or available upon request.

I, the undersigned, also agree that I will follow all instruction and other directives by William Woods University's equestrian professionals.

In consideration of being permitted to participate in equine activities, I the undersigned in full recognition and appreciation of the dangers and hazards inherent in equine activities, the dangers that may arise during transportation to and from such activities, and any other dangers as described in this Release to which I may be exposed during my participation in such activities at William Woods University, located in Fulton, Missouri, **do hereby agree to hold harmless the University, its employees and trustees and further release them from any liability or responsibility for accident, damage, injury, illness or death to the undersigned, for the**

period of my enrollment or participation in equine activities at William Woods University that may be caused by reasons including the negligence of William Woods University. This waiver does not pertain to incidents involving gross negligence or willful misconduct by the University and/or its agents.

I further agree for myself and on behalf of my heirs, personal representative(s) and assigns to defend, hold harmless, indemnify, release and forever discharge William Woods University and all its trustees, officers, agents, and employees from and against any and all claims, demands, and actions or causes of action, on account of damage to personal property, personal injury or death which may result from my participation in equine activities or from transportation to and from said activities.

William Woods University Equestrian Studies Division **strongly recommends** the use/wearing of protective headgear passing or surpassing current applicable **ASTM** (American Society for Testing and Measurements) standards with harness secure while riding University horses at any time. All students enrolled in Hunt Seat and Dressage must wear the above-mentioned headgear. Students participating in other seats are strongly urged to wear the above-mentioned headgear.

DATE: _____

FOR THE RIDER:

_____	_____
RIDER-(PRINT NAME)	RIDER-(SIGNATURE)

_____	_____	_____
ADDRESS	CITY/STATE/ZIP	TELEPHONE

FOR PARENT/GUARDIAN IF RIDER IS UNDER 18 YEARS OF AGE:

_____	_____
PARENT/GUARDIAN-(PRINT NAME)	PARENT/GUARDIAN-(SIGNATURE)

_____	_____	_____
ADDRESS	CITY/STATE/ZIP	TELEPHONE