



Ava Bender

SARATOGA, CA

SARATOGA HIGH SCHOOL



"Don't adapt to the energy in the room, influence the energy in the room"

Riding horses has been an experience that has changed my life forever, it has not only taught me about horses and the industry but how to be thankful for every moment you have in life. Every day is a new adventure when you are riding horses, you don't know what is going to happen. I have learned to embrace every moment and never take any moment for granted. I have been blessed to have some incredible horses in my life and I am excited to see what adventures the future holds. I am extremely thankful to be surrounded by people who love and encourage me every step of the way. Thank you to my trainers Tom & Darcey, my mom, and my grandfather for everything you have done for me.