

Helen and Ali....

The Saddle Horse World's 'Auntie Mames'

BY ANN BULLARD

Auntie Mame. Many familiar with the late Rosalind Russell's life-loving and unconventional character in the Broadway Show and movie musical can appreciate some members of Helen Rich's family tagging her with that nickname. From her bigger-than-life personality to her passion for life and generosity to people and animals alike, Helen fits into that fictional role. And her daughter, Ali DeGray, is following in her footsteps.

While the Auntie Mame moniker hasn't carried over to the Saddle Horse world, those hearing the names Helen or Ali don't have to ask 'who.' Considering their records with Saddlebreds, Hackneys and Road Horses, it doesn't seem possible they have only been part of this world for just over 15 years.

Yes, they have a huge footprint in the show horse world. But more important than that is the difference they have made in the lives of two and four-legged individuals. Some, such as Helen's rescue of Lady and transporting a service man's dog back from Afghanistan, have been well documented by the media. Others, such as the animal sanctuary to which she and Ali devote much of their time, are done quietly. She is a popular writer, primarily in the romance genre. The choice of genre certainly makes sense; her life reads like a best-selling novel.

Helen's multi-faceted life and the many charities she supports are reason enough for her home-town newspaper to call her A Rebel With A Cause. While the headline spoke of Helen, Ali follows in many of her mother's footsteps. They are the closest of friends, two ladies who share a love for the arts and animals of all kinds, especially those that whinny.

Considering Helen's heritage, one shouldn't be surprised. The granddaughter of William Wrigley's son, Philip K. and his wife, Helen,



The name Rockin' Rich Retirement and Rescue Rancho is a great description of Helen and Ali's home interests. Their Friesians, Fell Ponies and other 'home' horses show under the ranch name. Nicole Jansen trains these horses.



Louisville always is a special time for Helen and Ali.

lived a story-book life in her younger years. As Dorothy (Deedie) Wrigley Rich's oldest child and Philip Wrigley's first granddaughter, she was very close to her grandparents.

"We were rather like gypsies," Helen said, referring to their following her grandparents as they moved between summers in Wisconsin, fall in Chicago, winters in Arizona and spring on Catalina Island. "It was wonderful. I had a governess and didn't have to go to school."

Horses always were an important part of that life. The Wrigleys played a big role in the Arabian horse community. The family enjoyed Arabs at their Catalina Island ranch. For Helen, being able to climb into a western saddle and simply ride was (and is) the best way to spend a day.

She was "10 or 11" when her parents divorced. Her brother, George, was four years younger and Misdee but two-years-old. The foursome quit following her grandparents and settled down to a more 'normal' life.

"Mom liked Arizona," she said. "She just took off on her own; it was her and the three of us. Fantastic!"

"We lived in a 'normal' neighborhood and house until Mom got on her feet financially," Helen said explaining that her family didn't just hand out money. "She had a modest income and had to make-do in a middle-class environment. My mother did her own cooking – and she wasn't a cook. George and I went to public school; we thrived on it."

Helen remained in public schools until her mother married the late Tom Chauncey. Although the Chaunceys lived on an Arabian ranch in Scottsdale, Ariz., Helen didn't fit in. When her mother and step-father sent her away to boarding school, Helen's rebellious streak asserted itself. That 'rebellious streak' has helped her to pick herself up and thrive on many occasions – despite, or more likely because of – her strong personality.

"I did everything in my power to get kicked out of school and finally achieved my goal," she said. "When I was 16, I ran away and made it to my father in Florida."

After finishing high school in Florida, Helen headed off to Stephens College. Here she was introduced to the American Saddlebred.

"I got an 'A' for stupid," she said of signing up for a driving class in February. "The first thing I learned to do was to thaw out the harness with a hair dryer."

Helen spent but one year at Stephens. After being in what she calls a "bad relationship," she returned to live with her family in Arizona.



Majestic Oaks' Maureen Campbell, Ali and Helen celebrated their outstanding shows with their ponies at Asheville.

"Mom and Tom didn't know what to do with me," the self-styled wild-child said. "A friend's wild-child son was getting his doctorate in organic chemistry at the University of California at Berkley. As punishment, his father and Tom decided Woody and I would work on Tom's cattle ranch in Flagstaff for the summer. My penance was working on a cattle ranch!"

"He and I hatched an ingenious plan. My family approved of him and his of me. We were friends, and decided to get out of prison by getting married. I married a hippie – and I could revert to my hippy self."

The girl who "hated school" found herself married to a man who was no longer a free spirit, but became a college professor. While in Boston, the couple had a son, Erik, who, with his three children, now lives in Australia.

Shortly after Erik's birth, the couple divorced and Helen returned to Arizona. She continued to rebel against the family authority.

"I refused any help because I didn't want them to own me," she told the



Tammy Devore and her mother, Wanda Westbrook, joined Helen and Ali after one of their many wins this season.



Helen was riding bareback and with a saddle before she could walk.



Helen and her mother, the late Deedie Wrigley Rich, admired Deedie's infant granddaughter.

Tampa newspaper. "I got a really cheap apartment and went to work scrubbing dog kennels in a veterinary clinic."

She worked as a veterinary technician during her 13-year marriage to Charles Holmes. However, when her father fell ill, she returned to Palm Beach to help care for him. Here she was reunited with her high school sweetheart, William DeGray. The two married and had two children, Will and Ali. They divorced a dozen years later as she was recovering from her first battle with breast cancer.

She would marry once more. Again, it ended in divorce.

Helen's younger sister, Misdee [Miller] and her husband had a farm in Ocala, Fla., where they raised Arabians and National Show Horses. It wasn't long before they added Saddlebreds to the Kaaba, Inc. roster.

"My mother had given Ali a three-year-old Arabian mare," Helen said, explaining Ali and the mare were the same age. "We put it in training with Tom and Nancy Scott, Misdee's trainers."

"Ali had grown up like me, riding western before she could walk. She took some lessons with Tom and Nancy."

"Mom and Misdee grew up with Arabs," Ali said. "I remember seeing Nancy Scott on a National Show Horse or Saddlebred. It looked so exciting to me. I thought 'whatever that is, that is what I want to do."

"Nancy gave me a few posting lessons. I was taught with posting straps, rainbow reins, the whole shebang. I was six."

When Misdee moved her horses to Kentucky, the Scotts moved on. Misdee introduced the family to Ruth Gimpel.

The entire family soon became involved.

In June 1998, Helen paired her nine-year-old daughter with the experienced pleasure driving pony, Among The Stars. Ali drove the pony to a blue ribbon in Harvest Day's Pleasure Driving Pony Open Stake. She also won the Academy Walk/Trot Saddle Seat Equitation class for first-year-riders ages eight to 12. It was her only venture into the equitation discipline.

She laughed as she spoke of her riding equitation with Anne Judd. "Anne came over and gave me one equitation lesson. I hated it so much, Mom promised I would never have to do it again."



Deedie gave Ali her first horse while on her deathbed. Ali and Kaborr's Doll both were three-years-old.

She explained, "I was a chubby little kid. I couldn't see the sense in sitting pretty as opposed to riding properly. It didn't seem like the same thing to me."

Rather, Ali starred in every other division: Youth Fine Harness, Pleasure Driving, Country Pleasure Driving, Roadster. In January 2000, Helen purchased Ali's first 'forever' horse: Somersby. The gelding had been an outstanding mount for several girls; he was as ideal for Ali as he had been for other girls.

"Somersby was perfect," Ali said, explaining he lived out his years on the family farm. "I think every little girl's dream is to have their first horse forever. He passed away in my arms two years ago."

Early acquisitions showed under the family name. By the year 2000, they were known as Pixie Dust and Steel; their horses made headlines across the country.

The center of the family life had moved from West Palm Beach to Florida's west coast. Ali, Helen and her husband initially moved into an apartment to be close to the stables. In 2001, they purchased acreage in Odessa, Fla.; it took five years to complete Helen's dream home, reminiscent of Helen and Philip Wrigley's estate in Lake Geneva, Wisc. Helen lives in the 16,000 square foot, three-story home. Today, she and Ali live next door to one another on the 130-acre estate they share with countless horses, cattle, dogs, cats, birds, rabbits and assorted other critters.

Many outstanding horses have been associated with Helen and Ali's names. Perhaps the most memorable – certainly the one that established them as major players – was CH Tigerlee. The bay geld-



Ali was a beauty even as a small child. She is pictured on one of the family's trips to Italy.



One of Ali's earliest winning ponies was Among The Stars.

ing had four world's champion titles in his resume when Ali, her parents and trainer went to Nelson Green's in their search for Ali's first five-gaited horse. Until then, most of her equine partners showed either in the pleasure or driving divisions.

They made their debut at the Cleveland/Chattanooga Charity Horse Show in 2005. They went back to Florida with a blue ribbon and tri-color. Lexington, Louisville ... for three years the duo turned back almost every challenger in Junior Exhibitor Five-Gaited competition. They showed in the Ladies division for one season before Helen and Ali brought Tiger home to be spoiled and to play on the farm.

There's no doubt that Ali and Helen like power – whether it comes 16 hands, Saddlebred, Standardbred, Friesian or pony-sized. Pony-power actually came before Tiger ... in the form of the dynamo road pony Free Willy. Ali was still in the 13 and under division when she drove the tiny powerhouse at Louisville for the first time. They tied reserve in 2001. In the next four seasons, Ali and the pony were defeated but three times.

Lynn Hutchseon probably knows Helen better than anyone outside her immediate family and staff. For years, they have shared experiences at almost every show Helen and Ali attend. She recalled the first time they met. At the time Lynn was working for Dabora, Inc.

"The first time I saw Ali she was riding Somersby. She was wearing glasses and I thought she was so cute. Ali won a class with the pleasure driving pony and I knew I had to go back and talk with them. I was scared to death. I finished a quick glass of wine and went back to the barn. She welcomed me with open arms."

She told of Helen's selecting Heartland Pursuit.

"Apparently Darrel [Kolkman] had told Helen about the pony," Lynn said. "We were back at the barns at Lexington when here came Darrel, his son and grandson leading this pony. We could tell he was wilder than a buck. The only thing they could do was longline him up and down the road in front of the barn. He was everywhere. I could see the skepticism on people's faces, but Helen said, 'I want him.' She wanted him and she got him."

If she wants something, it's a rare occasion when Helen doesn't succeed in buying it. In 2009, she watched Maureen Campbell drive Heartland High Tech to win his Hackney pony qualifier and grand championship.

"She told me, I like that pony," Lynn

said. "I told her, 'I like him too.' She looked at her trainer and said, 'Go buy that pony.'"

"When the trainer came back, she asked, 'Did we buy him?' The trainer responded, 'no, he's too expensive.' She said, 'Go buy him' and the rest is history."

Last year, Ali drove the stallion to win Louisville's Hackney Pony Stake and both classes at the UPHA American Royal. Mother and daughter shared drives at Asheville this year, with Ali winning the qualifier and Helen driving off with the tricolor.

"Helen doesn't take winning for granted," Lynn said. "Like all of us, she likes to win, but she and Ali go in the ring for the sheer joy of it. When Helen shows any of her horses, she is so funny. People



Helen drove CH Santana's Night Move to a reserve world's championship in 2001.



Ali won two world's championships with her ponies in 2001. She is pictured driving the always-popular CH Free Willy.



The teaming of World's Champion CH Tigerlee and Ali for Junior Exhibitor Five-Gaited competition raised a few eyebrows. The two won the first of four world's titles in 2005.

on the rail will say something like 'I like your horse' to her. She'll turn around and say thank you, with a big smile on her face. She enjoys other people enjoying her horses, and they sure do. If she or Ali have a bad show, they might get upset with themselves, but I've never seen them blame the horse."

Shortly after Louisville 2014, Helen and Ali moved their horses to Tammy DeVore and ponies to Rich and Maureen Campbell at Majestic Oaks. During the 17 years with her Florida trainer, she purchased more than 60 horses and ponies.

Helen and Ali went from being the only major client at the barn to being what Lynn calls "one of a group of queens at Tammy's. Some people wondered if she would like not being the one. She is thoroughly enjoying having a barn family to associate with, to cheer on. Tammy's is a good place to be; they all get along so well."

Helen has purchased a house in Elizabethtown to make it more convenient for her and Ali to spend time at the barn.

"Ali was considered part of the group already," Tammy said. "She was on the World Cup Invitational Team that I took to South Africa. I got to know them well then. Ali and Justin (Cowley) were very close and Tyler (Tammy's son) had spent time at their home. We already considered Ali as part of the group. Helen has such a presence about her that I think some people were a little intimidated by her. After a couple of shows, she fit right in."

Everyone who knows Helen and Ali, knows they are generous to their trainers and friends. Last year, Helen purchased the dynamic stallion, Kalarama's Ultimate Choice, with the plan being for Ali

to show him. The South African-bred stallion won the world's champion stallion title in 2013, and Amateur Gentleman's Five-Gaited title last year.

Helen and Ali also know of Tammy's dream to have a shot at Louisville's 'big stake.'

"I can't thank Ali enough for sharing that stud with me," Tammy said, speaking through tears. "I always wanted to win the gaited stake; I've had a lot of nice horses and felt maybe, if I were really lucky I might have a horse that can compete. I have one that has a shot.

"I've been sick a lot," Tammy said frankly. "That is one thing I want to

accomplish before I can't do it anymore. For them and God to have given me a shot ... it's up to me to make it happen."

For the Campbells, the move meant a reunion with Heartland High Tech, one of the outstanding ponies they had trained early in his career. Helen had purchased the many-times world's champion just after Maureen drove him to the 2009 Hackney Pony World's Grand Championship.

It soon meant adding another world's champion to the Majestic Oaks lineup.

Helen had her eyes on always exciting, two-times world's grand champion roadster pony, Twin Willow's McDreamy.

"Helen told Rich she wanted him for Ali. We went up to meet the vet and talk with Doc [Raun] about him. We wanted to follow what Doc had done," Maureen said, adding "Doc was great."

Maureen says there was a lot of pressure on them and on Ali when they bought McDreamy. She need not have worried about Ali.

"Ali knows the ring and how to use it with the ponies. She clicked right away with McDreamy. She's very ring smart when driving ponies. She likes the challenge, that's the fun part of it."

A case in point: River Ridge 2015.

"Ali is so laid back. She had three or four horses to show in close classes. Here she is, eating her dinner three or four classes before she was ready to drive," Maureen recalled. "She loves doing this."

Before McDreamy was settled at Majestic Oaks, Helen, Ali and the new training team headed for the Southern Saddlebred Fall Finale with two ponies: High Tech and Mr. Brightside. They brought home the tricolor and blues from both the Hackney and Harness Pony qualifiers and championships.



Helen purchased CH Twin Willow McDreamy in the fall of 2014. The roadster pony is a top contender wherever they show.

Kansas City loomed. Helen and Ali brought three ponies to the UPHA National Championship Horse Show: Mr. Brightside, Heartland High Tech and McDreamy. Five ponies showed five times and brought home five trophies and top ribbons.

As much as the Campbells admire Ali and Helen as clients, they feel equally as strong about them as people – especially where their caring for animals is concerned.

Maureen recalled a visit to Helen's farm during Thanksgiving. "We spent the day at Helen's place. Every little animal you can imagine, she rescues. It's very impressive to know someone who knows that much about animals. What she does with rescues is amazing."

Loyalty to friends is very important to both Ali and Helen. There's no better case in point than their friendship with Justin Cowley.



Helen took a few years away from showing, returning to limited competition last season. This year, she has starred with the Hackney Pony, Heartland High Tech, American Saddlebred Happy Boy, Fell Pony, Dreamhayoen Double Agent, Friesian Victor FC and Morgan CBMF Victory Pass.

Justin's story is well-known to the saddle horse world. In their quiet way, Helen and Ali have been very supportive of him as he has battled back from kidney disease.

"Ali and I have been friends since we were 16," Justin said. "I remember seeing her show when she had Tiger. After she



Helen and Ali are the biggest cheerleaders for horses they sell. The entire DeVore Stables contingent hailed The Tango Dancer's owner Justin Cowley as he watched his gelding win the 2014 UPHA American Royal Five-Gaited National Championship from his hospital room.

won, I was at a junior exhibitor party and thought 'that's the girl who shows Tiger-lee.' I went over and told her 'I really like your horse.'

"The following year, we bought CH Colonel Hoss. I didn't realize he was going to be as nice as he was; I hadn't thought about Tiger being one of my main competitors. I didn't think my horse was of that caliber. After we won at Kansas City, I began to think Tiger was going to be my main competition. Ali and I went back and forth, joking about our horses. At Lexington, I won the qualifier, she beat me in the championship. At Louisville, we did the same thing. The more we joked about it, the closer we became. I think she would agree that those were among the coolest experiences we've ever had.

"Helen has done so much for me," Justin said. "Anytime I've needed her, she's been there for me. She says I am one of her children. When I was on dialysis, I was having a lot of complications. Helen would take us out on her yacht and made sure I had a room with two beds as I had a dialysis machine with me."

Justin has owned several horses since his family sold Colonel Hoss. He showed

as often as his health would allow. After Helen and Ali moved to Tammy's, they sold Justin the five-gaited contender, The Tango Dancer. Justin was in the hospital when Tammy showed the gelding at the American Royal. Justin watched Tammy show from his hospital bed, as his friends sported signs cheering him on. They won the Five-Gaited Gelding Stake and were reserve in the Five-Gaited National Championship.

"Helen was most excited when Tammy showed Tango at the Royal," Lynn said. "She had a fantastic ride on him. A lot of blood, sweat and tears have gone into that horse. She was so excited to see him go in and make such a thrilling performance."

"Helen was standing on the rail, cheering me on," Tammy said of those nights. "For him to win a class like that was a big deal for them."

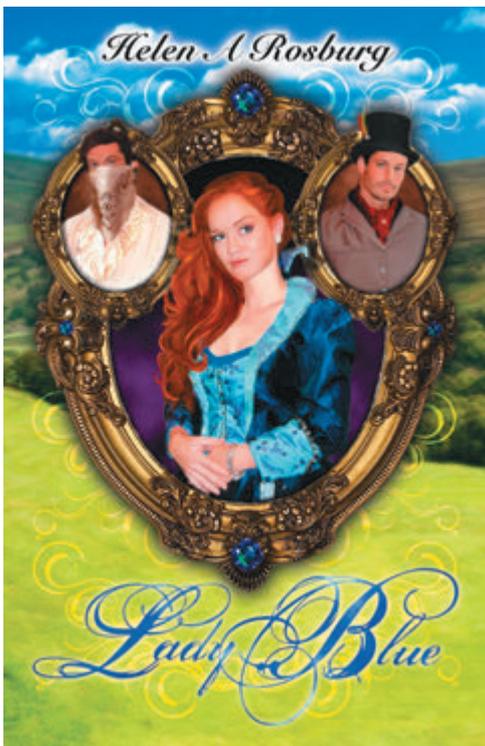
The 2014 Southern Saddlebred Fall Finale at Murfreesboro was Helen and Ali's first show with Tammy. They had a nice show, but what stands out most for Tammy is her son Ethan's and Helen's connection.

"Ethan had sat with Helen most of the night before he showed. He showed early the next morning. When Helen showed up, she told me, 'Ethan made me promise to come watch him show.' That's when I realized how great this is going to be. After the show, Tanner [Parham,] Derek [Westbrook,] Ethan, Helen, Ali and I all went to Waffle House. We had so much fun; she fit in quite well."

Helen and Ali enjoying the Waffle House defines them quite well. Despite all they have, they are two of the most down-to-earth people you can know.



Ali's impressive Louisville lineup includes the Amateur Five-Gaited contender Memories Of Cabo.



Ali often has posed for covers of her mother's books. She was pictured as the glamorous heroine in *Lady Blue*.

They are equally happy, equally adept at grooming a dog at their On the Wings Of Angels Animal Rescue, rubbing on one of the many horses at their farm, writing a novel or making jewelry.

Where many in their financial position might simply sit back and enjoy life, Helen and Ali both have demanding careers and perhaps more-demanding avocations. Helen has published numerous romance novels and collections of poetry.

Even as a first-grader, Helen Rich saw things differently. She wrote her first book then - an eight-page construction-paper piece called *How The Woodpecker Got His Red Head*. Helen says "it involved a gory moment."

While many of the books Helen has written have some dark moments, she is more enthralled with historic romances. She may introduce you to the life of a Bedouin, transport you to sixteenth century Venice, to the American desert at the time of Indian wars or the staid parlors of 17th-century England.

In typical Helen fashion, after working with her original publisher became difficult, in 2003 she established her own publishing company, Medallion Press. It wasn't long before Ali was involved.

The self-styled somewhat chubby, glasses-wearing child has grown into an elegant young lady. She modeled for eight book covers from the time she was 14 to 20.

"You'd be surprised how many heroines have red hair," she said. "I was like an in-house model. It was fun doing



Helen drove one of her latest passions, the Fell pony, *Dreamhayven Double Agent*, to win the OTAB English Pleasure championship at the recent Blue Ridge Classic Horse Show. They started the season with a win at *Gasparilla*, and have added top prizes at (Florida) *Summer Fun* and *Cleveland/Chattanooga Charity* to their resume.

that," she said, adding "I didn't have a problem getting dressed up in a medieval gown and posing with a handsome man. I always was modestly dressed; often you couldn't tell it was me."

She has worked in one way or another much of her life. She has been an unpaid reviewer for *Romantic Times* magazine, and been a professional dog walker.



Helen raises outstanding German Shepherds. Her trained police dog, *Wenzel*, is among Helen and Ali's constant companions.

"I always read voraciously. When we were driving from West Palm to Tampa, I'd sit in the back seat with an editor. She had a read and a reject pile; I was bored and picked up one from the reject pile. I said I didn't know if I'd reject that one. They took another look, and hired me as an editor."

After graduating from the University of Tampa, where she received a Bachelor of Fine Arts in Art History with a concentration on photography and medieval history, Ali became more directly involved with her mother's company.

Ali says there's no such thing as a 'typical day' in her life. As President of Medallion Media Group, she works with a great team of professionals.

"It changes all the time. Some days I'm really into Medallion, working on social media marketing, or with the editing department on acquisitions. I love to help people finish their novels."

Other days, Ali is "into Luna," Luna Avalon, the jewelry company through which she creates unique pieces for herself and for sale. Why jewelry?

"I didn't find anything I really wanted in the stores. I love the look of statement necklaces," Ali said.

When she couldn't buy what she liked, she began to design unique pieces with quality wires and organic stones. A percentage of every sale goes to animal rescue.

All things considered, it's not surprising that Helen sees things differently than many of her peers. Add to that the fact that she has twice survived breast cancer. The colorful tattoos that cover



A day in the saddle at their home ranch is Helen and Ali's favorite pastime.

both arms and part of her back often raise eyebrows. The forearm tattoo, a hand clenching a rope with the word endure, celebrated her post-mastectomy recovery. A more recent, shoulder to elbow tattoo, features a lightning storm where raindrops turn into musical notes. Its message: Don't just survive, SING!"

Lynn Hutcheson probably knows Helen as well if not better than anyone else in the horse industry. Helen says Adam Mock, Chief Operating Officer of Medallion Media Group, probably knows her and Ali better than anyone else.

"When Helen first started Medallion, I came on as a freelance artist, doing book covers," Adam said, pegging that date at 2004. "We've gotten along so well. I believe in her vision for Medallion. She wanted an author-friendly publishing house with a much more intimate relationship with the creators of these wonderful stories than many publishers have. She didn't want to be one of the dinosaurs, but to be an innovator."

Innovator describes Helen and her company well. As times and media have changed, so has Medallion's focus. No longer do they simply publish books, but work in film, music and other forms of publishing. They recently added the magazine CRIXIO to its group.

Adam also helped open up another service opportunity for Helen ... the non-profit Triple Threat Mentoring.

"Helen was looking for an outlet to help kids. A friend of mine was starting this nonprofit that features all kinds of sports teams to help these kids. Their

stated purpose: "empowering urban youth to develop confidence, character and life skills. It seeks to break the cycle of poverty, one friendship at a time."

The group uses sports and sports teams to reach the kids. The eight-year-old organization has expanded from the Chicago/Aurora, Ill., area to Santa Ana, Calif. Youngsters have traveled to Nicaragua to work with youth there. Adam says Helen has had a big role in making that program a success.

Working with Ali as the company president has given Adam a somewhat unique opportunity to truly know the red-headed dynamo.

"Nothing controls Ali, she is Ali," he said. "She's like her mother, you always know who you're dealing with."

Not only horses, but animals of all kinds are Helen and Ali's passions. The farm features countless donkeys, cats, dogs, exotic birds, cattle and, of course, horses.



While Helen's actions in rescuing the black lab known as Lady have made headlines, led news stories and been discussed on the Internet, her and Ali's daily work with animal rescue is less well-known. Helen founded On The Wings of Angels Rescue, which operates from a corner of her farm. They go far beyond the norm in preparing their animals for adoption. Not only do the rescues receive veterinary care, but are socialized by experienced trainers before being offered to the public.

They also care for the horses that have brought them such pleasure in the show ring. "Almost every horse you've seen me show is retired here," Ali said. "Or we give them back to people who love them and have owned them before. Tiger, Somersby, Kalarama's High Roller and Santana's Night Moves are here."

Helen has expanded her equine interests into Fell Ponies and Friesians. Recently Nicole Jansen, her trainer for her home farm traveled to England where she purchased several Fell Pony mares and foals to add to the Friesian, Quarter Horses and Saddlebreds at the Odessa farm. Helen plans to return to showing under saddle with a Fell Pony gelding she recently imported from England.

"They're the breed the Queen of England rides and drives," Helen explained. "No breed has a better temperament than Fell Ponies. They're so sturdy and hardy; you can show them in coaching, under saddle, let them be a jungle gym for children and hitch them to a plow. You cannot fluster one; they will forgive anything. At home, I specialize in Friesians and Fells."

As if she didn't have enough interests, Helen does all of her own cooking. In fact, she speaks of the cookbook she is writing as Mad Science for Singles (who love food).

"The recipes require limited ingredients and limited time. And they taste good," she explained.

Adam says, "Because of social media and how well-known Helen and Ali are in the horse world, it's easy to see them just for what they do. Helen still knows how to surprise people; she is one woman you can never count out – ever. When everything kept hitting her, when trust was broken, she didn't give up on trust. She gives people the opportunity to earn that trust, not the other way around. She has a wonderful burden: 'I have 'x' amount of days here. This is who I am. I have the ability to create opportunities and change so someone feels like there is hope.' Her legacy extends far beyond horses, dogs and kids. She is teaching people how to live a life of love."